



OUR INSPIRATION
Shri. Sureshdada Jain



Suresh Dada Scheme for
Educational & Entrepreneurial Development
सुरेशदादा शैक्षणिक व उद्योजक विकास योजना



मातोश्री प्रेमाबाई जैन
उच्च शिक्षण शिष्यवृत्ती योजना

Dnyan-Yadnya

ज्ञानयज्ञ

Our Vision

To seed talented students for
successfully acquiring entrepreneurial skills
and enhanced employability
at global level

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You are the Craftsman of your life !



Friends, I would like to share with you ways which can give you a new impetus to face difficult times and will surely help you to be successful. Once we start eliminating negative and not so good things from our life, we automatically make place for good things. The environment we live in impacts our social development.

We should observe, imitate, read inspiring Biographies of successful people, such as Dr. A P J Abdul Kalam, Dr. Raghunath Mashelkar, Dr. Narendra Jadhav, and others. Our Scholarship Distribution Ceremony has also been graced with the presence of some distinguished dignitaries who have shared their inspiring words of wisdom with us. The foresight and vision of Hon Shri Suresh Dada Jain is the guiding light in providing financial assistance to many economically challenged students through SD-SEED, thus opening for them the doors of education. We should salute Dada for his vision and foresight.

Friends, each of us have to discover our own purpose in life. We can gain inspiration from these personalities on how to develop our purpose which will have a positive effect on our lives.

The consistencies and inconsistencies are a part of turns and twists in life. If you want to go somewhere, you need to have a detailed plan. It is important to set goals, make consistent efforts and continue to work hard till they are achieved. Today some students have a lot of information about varied issues, but they lack detailed knowledge. This information can be transformed into knowledge, through analysis and asking questions. Today Akashvani radio, television, phone, mobiles have become very common. The mobile is constantly in our hands wherever we go, but it is important to think how to make optimum use of this device for improving my future. A poet has said,

*There is one thing we do all our lives
The dust is on our face
But we keep cleaning the mirror !*

Swami Vivekananda has said, **"You are the craftsman of your life, to know this, you have understand yourself. The strength and success you need is found within you."**

Turn every problem into an opportunity, develop the skills you need and identify the need to change, but do not miss an opportunity. Discuss ideas and focus on creating the

best. I should prioritise my actions so that I can create the best. Shiv Khera says, **Winners don't do different things, they do things differently.**

We should remember that if we continue to make efforts untiringly, without loosing, without stopping, sometime even our luck bows down and we can win. There is no short cut on the road to success, it is the result of hard work. No one is successful only because of luck. We should understand and implement the formula to success. If you adopt the following habits, success will come to you:

1) Reading : successful people read a lot. They think and contemplate on what they have read and always learn something.

2) Action : they take all efforts to make their thoughts a reality. They may face hurdles and rejections in the beginning, but they work with persistence and perseverance, make mistakes and continue working enthusiastically till they achieve success.

3) Visualisation : Visualisation is a process whereby before starting an action, you close your eyes and mentally visualise how the action takes place. This helps in seeing even the smallest details

4) Compete against yourself : Successful people hunger for success. They do not get dissatisfied and sit in one place. Once they achieve one goal they move to the next goal. They like their competitors, who inspire them to reach greater heights

Friends do not let despair get in your life. Always be positive on every step of life. Always have an attitude that says, 'I will do it, this is my responsibility'. A waste of time leads to destruction. Be confident. You may sometimes be deceived by what you see with your eyes, hence always keep both your eyes and ears open. The challenges that we face in life, makes life interesting and overcoming these challenges makes life meaningful.

Dr. Suresh Alizad
SD-SEED Governing Board Member

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SD-SEED MENTORSHIP PROGRAM



At the Scholarship Distribution Program 2021, the SD-SEED 'Mentorship Programme' was launched through the inspiration of Hon Shri Suresh Dada Jain. SD-SEED Beneficiaries studying in Class 10 & 12 and ITI will benefit from the guidance of experienced and skilled Mentors, who will guide and help them to speak freely about their career options and daily choices. It is also a platform which provides additional support system to students in areas educational, social and psychological development, which will in turn help in the all round development of Students.

Aim

The aim of SD-SEED Mentorship Program is “To offer support, greater collaboration, make effective use of available resources, provide valuable guidance to students for development of educational and entrepreneurial skills for enhanced employability at a global level.”

Objective

- ❖ Provide students with positive guidance on their ability, skill and challenges faced in their education
- ❖ Creating a conducive environment where students can develop their professional skills and define their career path
- ❖ Encouraging students to develop their inherent talents
- ❖ Helping students to make their own decisions
- ❖ Provide students an additional comprehensive support system for their holistic and all round development

Education gives us Freedom

SD-SEED Scholarship Distribution Ceremony 2021 was recently held in Jalgaon. The Program currently in its 14th year has awarded the Scholarship to over 14,300 students. The Chief Guest and key note speaker at the Ceremony Shri Dr. Vishwarao Patil, Shahada, a Scholar on Gandhian philosophy, handed over Scholarships to selected beneficiaries.

The Chief Guest in his key note address exhorted the Students to



- ❖ Students should move from the world of profit and loss to the world of values
- ❖ Charity is the greatest power in the world
- ❖ Our economic condition should not cause us to stop and get depressed.
- ❖ Power, wealth and weapons lead to stress.
- ❖ The Giver should not be in the habit of being generous and the Receiver should not be in a state of misery.
- ❖ Education has taught us to nurture friendships
- ❖ Education gives us a sense of dignity
- ❖ Values teach a person to live.
- ❖ Students should work hard and make use of the Golden opportunity they have received through the Scholarship



Lighting of the Lamp



Welcoming and honouring the Chief Guest and Dignitaries



Beneficiaries receiving their Scholarships from the Chief Guest



Chief Guests, Dignitaries and Beneficiaries



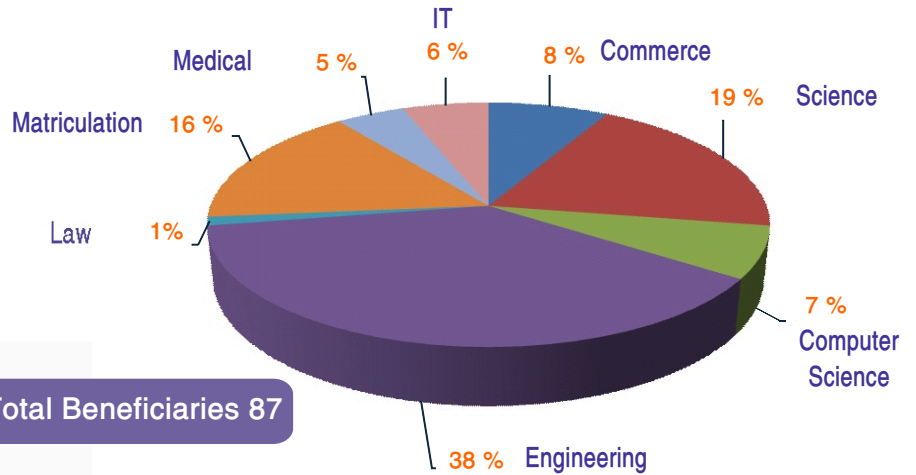
2021 Excellent results of 87 Beneficiaries!

In the year 2021-22, 87 Beneficiaries scored between 80 to 100% in their respective exams, thus achieving commendable results. We are very proud of them. Below is a graph of their academic success

Congratulations to the successful Beneficiaries of 2021 !



Percentage by branch of 87 beneficiaries who got 80% to 100% marks



Beneficiaries who have achieved Special Success

It is true that there is no substitute for hard work. The progress made by the beneficiaries of SD-SEED in various fields shows how amazing results can be achieved by self confidence and the desire to succeed by persons in the most difficult of circumstances. SD-SEED has instilled the spark of education in lives of students, to encourage them continue their education and achieve glorious success in various fields. The achievement of these meritorious, hardworking beneficiaries is the crowning glory of SD-SEED.



Special Success at National and State Level



Jangam Gitesh Vijay - Jalgaon
Gold Medal - National level
Engineering Olympiad Competition
Selection - Roll ball State Team



Bari Harshal Bhagwan - Jalgaon
Third place -
National Level Engineering
Olympiad



Hansabardkar Mayur Sudhakar - Jalgaon
Third Place -
National Brainwall Competition



Jain Ritik Shikhar - Amalner
State Level
Best Research Award - 2021



Chaudhari Gayatri Sunil - Erandol
State Level Crossball Tournament
Nashik Divisional Team Selection



Sali Saniket Sunil - Amlaner
National Level Talent Search Exam
Special Proficiency

Gold Medal and First Place From North Maharashtra University



Rathod Trushali Bharat - Jalgaon
Gold Medal
B.E. Electrical (Fourth Year)



Kale Gauri Arvind - Jalgaon
Gold Medal
B.E. Civil (Fourth Year)



Patil Mahima Anil - Jalgaon
No. 1 - B.E. Electrical (Third Year)

SD-SEED Abhyasika : The Source of Continuous Knowledge

SD-SEED inaugurated its Abhyasika for students in Jalgaon on 1st December 2018. The Abhyasika is open to 50 students from Class 10, college and those appearing for competitive exams, where they can study in a peaceful environment with all facilities available.

Abhyasika will make an officer



My name is Vishal Ambadas Sananse and I am studying at the SD-SEED Abhyasika for competitive exams. This place is conducive to study and all facilities are available, which motivates me to study. The quiet and serene atmosphere has enabled me to study well and I am confident that my dream of becoming an Officer will become a reality. I will always be indebted to Hon Shri Suresh Dada Jain and SD-SEED Abhyasika.





Let's Overcome Academic Stress !



In today's fast paced and competitive world, depression is one of the most common mental illnesses. In view of the Pandemic, the global economic scenario is bleak. Today nearly 25% of the people suffer from depression. Students have to face educational, psychological and financial consequences due to this Pandemic and its effects can be seen in their lives. During this lockdown, Students are facing various problems, such as inability to maintain a proper schedule to study, deteriorating study habits, lack of online study tools, increased use of mobiles, results being declared without exams and worries about future career. This has resulted in irritability, stress and depression. In this article, we will look at the stress students face in the academic life, its nature, and the steps we can take to deal with it.

Academic stress: includes problems of online study, high expectations of oneself, difficult and vast syllabus, lack of study time, lack of educational tools, pressure to study and hence, lack of entertainment.

Stress : which includes distant relationships with teachers, loneliness, high expectations from parents, family problems, staying away from home, difficulty in reading reference books, living conditions in hostels, relationship with room mates, etc.

Health related stress : this includes, sleep disorders, attending various classes, diet, exercise, physical illness, smoking and drug abuse

Exams are one of the most significant factors that cause stress in a student's life. Stress can be motivating but not all students can manage it. Everyone needs a certain amount of stress & pressure to be able to give their best performance, but when this stress exceeds the ability to cope, it has an opposite effect.

Some of the symptoms of stress are :

- ❖ Persistent sadness, frustration and sudden irritability
- ❖ Fear of new places and people
- ❖ Loss of interest in favourite things and lack of Interest in daily activities
- ❖ Fatigue or weakness, loss or excessive appetite
- ❖ To worry unnecessarily and feel guilty
- ❖ Feeling emotionally drained and having suicidal thoughts
- ❖ Talking less and in a low tone due to the fear of being made to laugh
- ❖ Effects of stress on students' academic progress
- ❖ Loss of interest or motivation and lack of happiness in studies
- ❖ Increased anxiety among students

- ❖ Feeling of desperation grows in the student's mind and the increased fear that he will not succeed
- ❖ Difficult in concentrating on studies
- ❖ Feeling of constant tiredness
- ❖ Loss of appetite, reduction in meals which prevents production of physical energy
- ❖ Difficulty in concentrating on anything else except body aches

Remedies for stress

Psychiatrists will explain the causes for depression and its remedies. But instability and inequality in society, selfishness, competition, self-centeredness elevated ambitions, lack to opportunities, high importance given to money and prestige, the unapologetic struggle for money, constant subject of comparison are some of the reason for this mentality. This depression, anxiety and fear will not go away unless the causes are eliminated. Below are some tips to reduce depression :

- ❖ Get regular sleep of 6 to 8 hours
- ❖ Exercise of 30 mins daily
- ❖ Practice yoga daily as it gives peace of mind
- ❖ Pursue a hobby or do something you like, such as painting, cooking, etc
- ❖ Give yourself quality time
- ❖ Share your thoughts with everyone
- ❖ Let all your actions be positive, stay positive, read positive themed books, stay in touch with positive people
- ❖ Indulge in some activity in your free time, engage yourself in an industry.
- ❖ Consult a Mentor or guide

Mr. Nandlal Gadiya
Governing Board Member
SD-SEED





The Importance of Sports and Career Opportunities



Sports has become an integral part of human life since its inception. Initially, hunting, running, climbing trees, swimming, archery, jumping, etc were some of the sports man participated in. Today children develop their interest in sports while they are in school. Sports are both a source of entertainment and knowledge which helps in skill development. Hence, students keep good health and their physical, psychological and emotional growth is rapid. Today sports is not only a means of spending time, but if a person has an interest, there are multiple opportunities available by which one can make a career in this field.

Advantages of Playing Games

- ❖ Children develop a sense of competition
- ❖ Team spirit grows
- ❖ Tendency to depend on parents is reduced
- ❖ Children develop a spirit of co-operation, motivation, leadership and competitive skills.
- ❖ Maintaining good health and keeping the body fit, focusing on studies and developing the requisite Enthusiasm.

Career opportunities Sports

The Physical training or PT period is the favourite period for all students in school. They are most happy to spend that one hour playing in an open field, in comparison to spending eight hours in one class room. This one hour is the dream hour for students, when they can escape the clutter of maths and the dates of history. Today similar to developed countries sports is gaining importance in India and is emerging as a career opportunity.

Career opportunities in Sports

❖ Becoming a Good Player

The era of 'Kheloge Kudoge Banoge Kharab, Padhoge Likhoge Banoge Nawab' is over.

Today in India if you can achieve perfection in any sport, you can get fame as well as a career. The players receive honor and huge cash prizes. They are also given jobs in government, semi government or private sector, irrespective of their educational qualifications. Hard work with determination and focus at the right age under good coaches is needed for a bright future in sports.

❖ Coaches

All players can not achieve the pinnacle of success. They can continue their journey in sports as great Coaches. In order to become a coach, they need to get a degree in BP ED or do courses offered by NIS, which will help them to

get a job in schools, colleges, various institutions of state and central government. Today commercialisation of sports has also provided opportunities through private associations / institutions. The coaches of players who excel at the international level also get the same respect and financial support.

❖ **Fitness Trainers:** In today's stressful life, everyone understands the importance of physical fitness. Like professional athletes, the general public is now turning to gym culture. The network of Indian gyms is now spreading across the country. There are several courses available today that will help you become a fitness guru. Personal trainers, celebrity trainers can earn as much as some highly educated professionals.

❖ **Dieticians:** On the lines of fitness trainers, dieticians are now in high demand. There is a lot of awareness today among people of all age groups to look good and be healthy. There are many courses available to become a dietician, which can give your employment opportunities in professional teams, hospitals, gyms, five star hotels etc.

These are career option related to actual sports but apart from this there are many career options available in the field of sports, such as :

❖ **Sports Journalism:** Like print media, there is a growing demand for sports journalists on television. Along with sports channels, news channels can also provide employment to sports journalists. Knowledge of the nuances of the game; history, international competition, etc are some of the aspects to be studied.

❖ **Sports Critic:** In the present age, all sports have a prominent place on television and hence there is a great opportunity for the post of Sports Critic. Critics have become an attractive pay-as-you-go option if they cultivate the qualities of a good personality, excellent speaking style, mastery of language and in-depth knowledge of the game.

❖ **Sports-Organizer, Punch-Match Officer, Video Analyzers etc.:** Good careers are also available in the field of sports. In India, sports have become not just a means of entertainment but a business. Whether it's sportswear or organizing a variety of sports events for the corporate world, these are good career options. Professional leagues of various sports are now well established in India. These leagues have also provided a lot of career or business opportunities. Therefore, it is important for children to develop a passion for sports from an early age. All in all, there are many opportunities for students who have little interest in studies but love sports to pursue a career in sports.

- ★ To provide opportunities to all deserving students to participate in India of the 21st century.
- ★ To spread educational awareness among all stakeholders
- ★ To financially support eligible students for accomplishing their educational goals and occupational aspirations.
- ★ To develop and implement a comprehensive package of initiatives resulting in empowerment for stakeholders.
- ★ To make the program self-sustainable so that more and more students can benefit.

TESTIMONIALS



Harshal Bhagwan Bari - Jalgaon - B.E Mechanical (Fourth Year)

I am currently studying in fourth year engineering and for the last four years am a Beneficiary of SD-SEED Scholarship. My father works in a private company. The SD-SEED Scholarship helped in reducing the financial burden due to education expenses and provided a support to our family. The financial aid and psychological support motivated and gave me a sense of direction. I participated in the recently concluded National Engineering Olympiad, third year section and stood third.

The light house shows the way to ships wandering at sea. Similarly SD-SEED gives strength to the drooping wings and dreams of students through its financial and psychological support. I consider myself very lucky that I am beneficiary of this Scholarship. I will always be grateful to Shri Suresh Dada Jain and SD-SEED and once I am financially independent I will support SD-SEED in its journey.



Prerna Sanjay Tayade - Bhusawal - BHMS (First Year)

I am Prerna Tayade studying in first year. My father is a daily labourer and our financial position is weak. I was sceptical of fulfilling my dream of studying medicine and becoming a doctor due to the financial situation. The goal which I thought would not become a reality, has become a reality, with the motivation received from Hon Shri Suresh Dada Jain and SD-SEED. I received tremendous financial support.

SD-SEED regularly conducts Personal counselling sessions, which I benefitted from in Class 11, 12 and for medical entrance. I could prepare very well for CET and NEET exams with the guidance received from expert Professors through SD-SEED. A girl from a simple family saw a dream of becoming a Doctor and now it will become a reality. Today I proudly wear the white coat and stethoscope which is a Doctor's identity, and this became possible only because of the care that Shri Suresh Dada Jain has for all students.



Deep Ujwal Ahirao - Amalner - B. Com (Second Year)

I am currently studying in second year B Com. My father works in the fields. I give all credit to Shri Suresh dada Jain and to SD-SEED an initiative Dada started, because of which a student from a simple family, whose father is a farm labourer, can complete his education with out any financial hurdles. I would like to make a career in the Commerce field and accordingly have taken admission. However, my family's financial situation is weak and they could not support my college expenses. This made me desperate. In this time of crisis, the financial support provided by SD-SEED has been able to take me from darkness to light and I am now in the process of completing my education. SD-SEED has instilled in me a sense of confidence that I can survive in this competitive world. I salute the Scheme started by Hon Dada in students' interest and I pray that you, Hon. Dada will always support students like us. I pray that Dada is blessed with a long life and these good deeds continue unabated.



Jayshree Kailas Kumbhar - Jalgaon - SYJC (HSC) Science

My name is Jayshree Kumbhar, studying in Class 12 Science. I am deeply grateful to Hon Shri Suresh dada Jain for all the financial assistance he is providing to us. SD Seed is a great organisation which has been started due to Dada's vision. I regularly attend and take advantage of various training programs and webinars conducted by SD-SEED. I also benefitted from the three day online program 'Young Investor Boot Camp' which taught me how to save for the future, financial independence and overall financial literacy. Hon Dada has also made Study room available at minimum cost with the best facilities. I pray that the noble work that Hon Dada has undertaken of educating students like us will bear fruit and I promise that Dada's dream of bright India, we students will make a reality.

